Zeitplan Seniorensportfest 2025 und Pfalzmeisterschaften Senioren (07.06.2025)

Zeit von	M 30-35	M 40-45	M 50-55	M60-65	M70-75	M80-85	W 30-35	W 40-45	W 50-55	W 60-65	W 70-75	W 80-85
10:40	Weit	Weit	Kugel	Kugel	Speer	Speer	Hoch	Hoch				
10:50												
11:00					80m H.	80m H.		80m H.	80m H.	80m H.	80m H.	80m H.
11:10												
11:20												
11:30	Hoch	Hoch	100m H.	100m H.			100m H.					
11:40							Weit	Weit				
11:50												
12:00	110m H.	110m H.							Hoch	Hoch	Hoch	Hoch
12:10			Speer	Speer	Kugel	Kugel						
12:20												
12:30			60m	60m	60m	60m			60m	60m	60m	60m
12:40												
12:50					Hoch	Hoch			Weit	Weit	Weit	Weit
13:00	400m H.	400m H.	400m H.				400m H.	400m H.				
13:10												
13:20				300m H.	300m H.	300m H.			300m H.	300m H.	300m H.	300m H.
13:30	Speer	Speer										
13:40	800m	800m	800m	800m	800m	800m						
13:50							800m	800m	800m	800m	800m	800m
14:00	100m	100m	100m									
14:10												
14:20	Kugel	Kugel			Weit	Weit	100m	100m				
14:30							Speer	Speer	Speer 100m	100m	100m	100m
14:40												
14:50	400m	400m	400m	400m	400m	400m						
15:00												
15:10							400m	400m	400m	Kugel 400m	Kugel 400m	Kugel 400m
15:20			Weit	Hoch								
15:30				100m	100m	100m						
15:40												
15:50							Kugel	Kugel	Kugel	Speer	Speer	Speer
16:00	1500m	1500m	1500m	1500m	1500m	1500m						
16:10			Hoch	Weit								
16:20							1500m	1500m	1500m	1500m	1500m	1500m
16:30												
16:40												
16:50	200m	200m	200m	200m	200m	200m	200m	200m	200m	200m	200m	200m
17:00	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung	Dreisprung
17:10												
17:20												
17:30	4x100m	4x100m	4x100m	4x100m	4x100m	4x100m	4x100m	4x100m	4x100m	4x100m	4x100m	4x100m
17:40												
17:50	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m
18:00												
18:10												
18:20	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m	5000m
18:30												
18:40												